



# I-OBT Bulletin

Official Newsletter of the Idaho-Oregon Buddhist Temple



## Upcoming Events

Messages and Dates:

....

September 24, 2017

Fall Ohigan Service & Happy Bowl

(Donate veggies to the lunch)



Happy Bowl Otoki  
♡ Request for Vegetables ♡

IF YOUR GARDEN is overflowing  
WITH vegetables, you can  
donate them for the Happy  
Bowl Otoki to be held on  
Sunday, Sept. 24<sup>th</sup>, 2017.

Vegetables will be accepted  
Wed - Saturday (Sept 20-23)

We will store them in the  
walk-in cooler. We will  
need cucumbers (for Aloha-zulce)  
zucchini, peppers, onions, etc

— Thank you!

My September Song  
J.K. Hirano

*But now the days grow short, I'm in the autumn of the year  
And now I think of my life as vintage wine from fine old kegs  
From the brim to the dregs, and it poured sweet and clear  
It was a very good year.*

It Was a Very Good Year, Ervin Drake

I had always felt the month of September to be a time of joyful anticipation. When I was a child, I looked forward to the beginning of the school year. My cousins and friends would think me very odd, for I would be happy to return to school. There was the anticipation of who would be in my class, who would I sit next to, who my teacher would be. These thoughts were like Christmas presents just ready to open. My Mom would take my sister and me out for back-to-school clothes and supplies. I would usually get to pick out a new pair of shoes and a few new items of clothing. I especially loved getting new pencils and folders with my favorite superheroes on the covers.

Even nature seemed to join with me and tingle with the same anticipation. The brilliant heat of endless summer days filter into the gentle warmth of the orange autumn days and nights. Once I had married and had children, it would be the excitement of taking my girls for back-to-school shopping, the school supplies, the new shoes, anticipating their coming home from their first day of school, listening to their tales of adventure with new and old school friends. September was definitely one of my favorite months of the year.

Now my children are grown and have moved on to college. I can still hear the neighborhood children laughing and walking outside our home as they make their way to school. However, in the children's laughter, I feel a fading emotion, realizing that the excitement I felt for school days, as a child and parent are now memories. September is no longer a time of anticipation but one of reflection.

Both of these experiences of anticipation and reflection force me to live in the past and future, rather than allowing myself to live in the present. To live in the present is a very difficult thing to do. The moment I catch the present, it slips away into the past. When I start looking for the present, I find myself peering into the future. There are many catch phrases in Buddhism that people like to banter about, such as, "Live in the moment!" How do we do this?

Within Jodo Shinshu, we say "Namo Amida Butsu". Namo Amida Butsu is Amida Buddha, transcending time and space, past, present and future, coming into the now. Namo Amida Butsu is both Amida Buddha calling to me to come as I am and my response of gratitude to Amida. When I try to catch the present and it slips from my grasp into the past and future, when my life moves from anticipation to reflection, when I realize there are more yesterdays than tomorrows, Namo Amida Butsu is all that is true and real. Namo Amida Butsu is saying it is and was a very good year.

Please join us for our Nembutsu adventure. On September 10 at 11:00 am we will be having the Temple picnic at my home, 13 West 3100 South, Bountiful, Utah. On September 17 our regular services begin for the year, starting with Ohigan breakfast at 8 a.m., Meditation Service at 9, and Dharma School and Ohigan Service at 10:00.

**MAP Message by Kathy Chatterton**  
**“Good day to have a great day!”**

In July and August, I start to notice all the back-to-school sales going on. Before I retired from my teaching career, I would think, “Oh no, it can’t be that time already!” When I was teaching, I always felt like the summer flew by, and suddenly it was time to start getting the classroom ready for a new crop of students. Looking around the empty classroom, I would start to feel excitement in thinking about new projects, units, and books that I would be introducing that school year. I would try to envision how I would arrange the desks and where I would position computers and my desk. I would look at the class list and search for names of students who might be a sibling of a student from the past. Some names would bring a feeling of pleasure, and others would have me feeling a bit of dread. One thing about teaching is you always started the year with a clean slate. Every year was different from the one before, and I feel like I was able to enjoy the time spent with each class.

Looking at my teaching career in this way reminds me to think about my life and enjoying each new day. Just like a new school year brought a new classroom full of children, each day brings us new hours to enjoy and appreciate life. “Enjoy the present moment” is a good thought to keep in mind. However, it can be hard to enjoy the present moment if we are worrying about the future or complaining about the past.

In the book *THE CENTER WITHIN* by Rev. Gyomay Kubose there is an article about the present moment. Here is what he writes, “In a limited, relative sense, today is a continuation of yesterday but in reality, today is a totally new day. We live a new life every moment. Why spoil this new life? We should make this new life the best, most beautiful and most meaningful. But most of us spoil this new life

because of yesterday’s unpleasant affairs. Something disagreeable that happened last night still bothers us.... We are human, so we have these kinds of feelings. We are unable to wipe them out, unable to forget. Even if we remember to try, it is hard to forget something that has hurt us deeply. However, it is a discipline... wherein one is able to transcend anger and quarrels, and to start a new day. To be able to control one’s own mind is to be able to live each day as a new day. This is what non-attachment means.”

This idea of living each day as a new day reminds me of what Ashlee McDonald shared in her Dharma Talk. Ashlee is a member of our Boise Sangha, and she attended the YAC (Youth Advocacy Committee) Retreat in early July. These young people learned to chant, do Kansho, give Dharma Talks, and lead services. They received Buddhist names in becoming Youth Minister’s Assistants. Ashlee returned to IOBT to share her Dharma Talk from that retreat. She talked about a day from her family’s life that would seem like a nightmare to us. She woke up late to come to the temple. They had lunch at a local restaurant when a fire broke out in the kitchen. They were rear-ended in traffic on a search for the perfect new sofa. Through it all, Ashlee kept her thought, “It’s a good day to have a great day!”

If we are able to keep thinking that it is always a good day to have a great day, then we will be able to enjoy the present moment. There is no better practice than to appreciate each day as a new day and to look forward to having a great day. There will be some days that we cannot keep that positive vibe going. As Shinran taught, we are all *bombu*, foolish beings full of blind passions. It is our practice to be able to go beyond the troubles of yesterday to see each day as a new day. Or, as Ashlee says, “It’s a good day to have a great day!”

**Namo Amida Butsu**



Fall Ohigan Otoki  
(meal after the  
service) will feature  
the return of Happy  
Bowl (beef stir-fry prepared  
in special IOBT sauce).

We invite our friends  
at the Ontario  
Community Church  
and other IOBT  
supporters to join us  
for this meal.

**September 24th**  
at 12:00 noon

Sponsored by  
Idaho-Oregon Buddhist Temple

## September Monthly Memorial (service 9/3/2017)

date of death		last name	first name	date of death		last name	first name
month-day	year			month-day	year		
9/26	1994	Aono	Minor	9/25	2010	Mizuta	George
9/28		Atagi	Kiyozo	9/25		Murayama	Yone
9/2		Fujiwara	Junkichi	9/?	1943	Nagaki	Shina
9/22		Hasegawa	Kizo	9/4		Nakada	Hirokichi
9/7	2013	Hayashida	Seichi	9/9		Nakada	Kazuo
9/3		Hirai	George	9/6		Nakagawa	Genpachi
9/9	2013	Hirai	Junne	9/9		Nakamura	Donald
9/6	2006	Hiramatsu	Kay	9/6		Nishimoto	Suye
9/19		Hironaka	Tadaichi	9/11	1976	Nishimura	Wesley
9/15	2008	Hoashi	Fumiko	9/15		Odate	Riki
9/4	1999	Inahara	Chub	9/8	1970	Oyama	Hatsumo
9/8	2010	Iseri	Dixie	9/12		Sakano	Ichiro
9/7	2010	Iseri	George	9/17	1992	Saruwatari	Renko
9/19		Iseri	Alice	9/8		Sugahiro	Tetsuo
9/19		Iseri	Masato	9/24	1995	Sugai	Noriko
9/8	1978	Ishida	Tono	9/18		Takagi	Kayo
9/5	1967	Ishida	Tsurukichi	9/30		Takagishi	Yasuo
9/4		Kamikido	Yoshitao	9/17	1978	Takahashi	Seiichi
9/23	2007	Kamo	Tom	9/12	1988	Takemura	Hisaye
9/14		Kawakami	Toki	9/21	2014	Tameno	Lois
9/4		Kawamoto	Rika	9/2		Tanouye	Shotaro
9/22		Kimura	Gail	9/20	2010	Terada	Kiyoko
9/25		Kondo	Kagi	9/11	1999	Terashima	Frank
9/11	1997	Kondo	Oscar	9/3		Terashima	Masajiro
9/1	2002	Masuda	Mary	9/10		Umemoto	Fumiyo
9/30	2001	Matsumura	Fudge	9/24	1974	Yasuda	Ichii
9/21		Matsumura	Juro	9/8		Yasuda	Nobuo
9/7		Matsushita	Shizuko	9/2		Yoshihara	Mitsuko

## October Monthly Memorial (service 10/8)

date of death		last name	first name	date of death		last name	first name
month-day	year			month-day	year		
10/4	2014	Arima	Hideo Bill	10/5		Nakamura	Mitsu
10/30		Doi	Kakuji	10/9	2013	Nakano	Mae
10/24		Fujii	Yokichi	10/25	1993	Nakano	Tom N.
10/5		Fujimoto	Shizuko	10/29		Nishimura	Kumajiro
10/29		Fujita	Seijiro	10/17		Nomi	Koichi
10/30		Furuyama	Kinshiro	10/3	1995	Okai	Tom
10/29	2005	Harada	Haru	10/22	2010	Okita	George Taka
10/4	2011	Haraguchi	Matsue	10/26	1993	Okuda	Shizuka
10/4	1978	Hasegawa	Ben Minoru	10/10	1995	Osaki	Harry
10/31		Hayashi	Shigeko	10/13	2014	Sadamori	Mitsuko
10/17	2006	Hironaka	Yoshi	10/9		Saito	Yukichi
10/4		Hondo	Arao	10/25		Shintani	Satoko
10/24	1989	Hori	Kiyohide	10/23		Shoda	Kazuo
10/27	1999	Hori	Kiyomaro	10/26	1964	Shoda	Tokuichi
10/10		Horiuchi	Mite	10/8	1980	Sugahiro	Tome
10/11	1995	Inouye	Tom K.	10/24	2010	Sugai	Maxie Hisako
10/13		Ishimoto	Funa	10/12	2008	Takahashi	Hideo
10/3		Kagayama	Matsuyo	10/7		Takahashi	Roy
10/26	2010	Kariya	Yone	10/12		Takashima	Matsu
10/20		Kawamoto	Ichiro	10/12	1991	Terada	Tom T.
10/18	2009	Kino	Joe Hideo	10/28		Toji	Kiyoko
10/24	1992	Kitamura	Lillian	10/18	2006	Uyeki	George
10/5	1996	Koda	Bill	10/11		Watanabe	Yasuji
10/15		Koda	Fusaichi	10/9	1971	Yamada	Masato
10/18		Miyamoto	Kanichi	10/1	1972	Yamaguchi	Yoshizo
10/14		Morinaga	Mark T.	10/2		Yamamoto	Sado
10/2		Morrow	Mary Jo	10/29	1996	Yamashita	Tok

Idaho-Oregon Buddhist Temple

August 2017

S M T W T F S  
 6 7 8 9 10 11 12  
 13 14 15 16 17 18 19  
 20 21 22 23 24 25 26  
 27 28 29 30 31

October 2017

S M T W T F S  
 1 2 3 4 5 6 7  
 8 9 10 11 12 13 14  
 15 16 17 18 19 20 21  
 22 23 24 25 26 27 28  
 29 30 31

# September 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	27	28	29	30	31	1
choir 10A Adult Study 1030A shotsuki family svc 11A	3 Labor Day	4 American Buddhism Boise Howakai 730P	5 American Buddhism Boise Howakai 730P	6 Wednesday Activity	7	8
choir 10A Adult Study 1030A family svc 11A	10	11 American Buddhism Boise Howakai 730P	12 American Buddhism Boise Howakai 730P	13 Wednesday Activity	14	15
choir 10A Adult Study 1030A family svc 11A	17	18 American Buddhism Boise Howakai 730P	19 American Buddhism Boise Howakai 730P	20 Wednesday Activity	21	22
Ohigan Family Service 11A Rev. Hirano here luncheon	24	25	26 American Buddhism Boise Howakai 730P board meeting 7P	27 Wednesday Activity	28	29
						30 kakimochi dough making

September 2017

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Idaho-Oregon Buddhist Temple

# October 2017

November 2017

S	M	T	W	T	F	S
				1	2	3
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 kakimochi making	2 American Buddhism Boise Howakai 730P	3 American Buddhism Boise Howakai 730P	4 Wednesday Activity	5	6 NWDC meeting	7
8 choir 10A Adult study 1030A family shotsuki service 11A	9 Columbus Day	10 American Buddhism Boise Howakai 730P	11 Wednesday Activity	12	13 bazaar prep	14 bazaar prep
15 bazaar & auction	16	17 American Buddhism Boise Howakai 730P	18 Wednesday Activity	19	20	21
22 Eitaikyo family service 11A	23	24 American Buddhism Boise Howakai 730P board meeting 7P	25 Wednesday Activity	26	27	28
29 choir 10A Adult study 1030A family service 11A	30	31 Halloween American Buddhism Boise Howakai 730P	1	2	3	4



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SEPTEMBER  
2017

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Find us on the Web: [www.iobt.org](http://www.iobt.org)

**Monthly Memorial List - 2017**

2016: 1 year	2015: 3 year	2011: 7 year
2005: 13 year	2001: 17 year	1993: 25 year
1985: 33 year	1968: 50 year	1918: 100 year